

Health and Human Development:

Unit 1: Youth Health and Development

This unit provides the opportunity for students to explore the physical, social, emotional and intellectual changes that occur and the inherited and environmental factors that influence health and development from childhood to adulthood. Students will also identify a range of challenges, and have the opportunity to investigate one challenge in detail and justify recommendations for action that could optimise the health and development of youth.

Unit 2: Individual and Community Health and Development

In this unit, students explore the requirements for optimal health and development throughout childhood and adulthood, and investigate inequitable health and development outcomes that can occur as a result of social and environmental factors. Students will also examine the organisation and delivery of health care in Australia and critically evaluate its effectiveness in promoting health and development for all Australians.

Unit 3: Nutrition, Health and Development

This unit examines the health status of Australians and changing community expectations and approaches taken to improve the health of all. Topics include the study of health determinants, researching the health of population subgroups within Australia, major causes of morbidity and mortality, the role of nutrition in health and the role of government and non-government organisations in the promotion of health.

Unit 4: Global Health and Development

This unit enables students to examine the developmental changes that occur as individuals move through the lifespan and explore inherited factors as well as the effect of environmental factors that determine developmental potential. Students will also study the health status of developing countries and a range of sustainable health care initiatives in these developing countries.

