



# Canteen Menu 2023

## RECESS

Sausage Rolls	\$3.50	Chilli Tender Strips	2 for	\$3.00
Pizza	\$3.50	Dim Sims	3 for	\$3.00
Cheese & Bacon Roll	\$3.00	Chicken Munchies		\$3.00
Muffin	\$3.00	Garlic Bread		\$3.00
Assorted Slices	\$3.00	Mini cocktail Spring Rolls	5 for	\$3.00
		Chicken Medallions	3 for	\$3.00

## LUNCH

Pie/Pastie	\$4.00	Sausage Roll		\$3.50
Pizza	\$3.50	Ham Salad Roll		\$6.50
Chicken Salad Roll	\$6.50	Mountain Bread & Salad		\$6.00
Mixed Sandwiches	\$5.00	Mountain Bread-meat & salad		\$6.50
Egg & Lettuce Roll	\$4.50			
Cheese & Vegemite Roll	\$3.00	Salad Roll		\$6.00
		Hot Chicken & Gravy Roll		\$5.00
Hot or cold Chicken & Mayo Roll	\$5.00	Salad Plate		\$5.50
Salad Plate with Meat	\$5.50	Noodle Cup		\$3.00
Fruit Tub (Term 1 & 4)	\$5.00	Fresh Fruit		\$1.00
Hot Cheese Roll	\$3.50			
<b>Toasties:</b>				
Ham or Chicken & Cheese	\$3.50			
Extra Fillings	\$0.50			

## SPECIALS

Specials are available each day. Students must check whiteboard near canteen to see the daily special.

Baked Potatoes	\$6.50	Chicken Alfredo Pasta		\$6.50
Hot Dogs	\$4.50	Hot Dog with Cheese		\$5.00
Chilli Tender Wraps	\$6.50	Hamburger		\$6.50
Chicken Burgers	\$6.50	Nachos		\$6.00
Homemade Soup (Term 2 & 3)	\$5.50	Sweet n Sour Chicken & Rice		\$6.50
Wedges	\$5.50	Roast Beef/Pork Rolls with Gravy		\$5.00
Cheese & Bacon Rolls with Ham & Cheese	\$4.00			

## DRINKS

Prima	\$1.50	Small Oak		\$3.00
'No Sugar Coke – can	\$3.00	Bottled Water		\$2.00
Orange Juice – small	\$2.50	Coke Zero – can		\$3.00
Orange Juice – large	\$3.00	Orange Juice large Aussie squeeze		\$3.00
Apple/Blackcurrant Juice	\$3.00	Cordial		\$0.50
Tea/Coffee	\$3.00	Flavoured Water		\$4.00
Ice Coffee Break	\$4.00	Hot Chocolate		\$3.00
Breaka	\$2.50	Large Milkshake		\$3.00
Slushies (Term 1 & 4)	\$2.50	Assorted Chips		\$2.00

### Students must order lunches before school or at recess time.

The Cohuna Secondary College Canteen Committee meets four times a year. An SRC representative and a School Council Representative attend these meetings. The Canteen Committee endeavours to provide a balanced, varied and interesting menu for the students at a reasonable cost. We would not be able to do this without the help of volunteer parents. The College appreciates your contribution of help. All families are rostered on once a term for 3 hours. If you are unable to do your turn please contact the Canteen Manager through the school so other arrangements can be made. The money raised through the canteen is put back into the school providing students with extra benefits.

EVERYDAY FOOD	OK in MODERATION	OCCASIONAL
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