

EXCELLAMUS 'Let Us Excel'

Cohuna Secondary College Child Safe contact is the Principal

If you believe a child is at immediate risk of abuse phone 000.

Head Start Program

Next week sees students in years 7-10 begin their studies for 2020. Just a reminder that Head Start is <u>compulsory</u> for all students in years 7-11. Year 11 2020 will complete their final week of Head Start next week. We have been extremely pleased with the work and commitment of students to their studies in years 11&12 thus far. A lot of work has gone into ensuring we have a program that is well planned so that our young people are academically well prepared for the 2020 school year.

Funding Announcement for Education support for drought affected communities

I read with excitement the article in the local paper this week that announced 'Special Circumstances funding' to support drought affected schools and childcare centres. Unfortunately, and with some disappointment, I discovered that this funding does not apply to state government schools.

Mobile Phones

Next week will see us have a mobile phone free school as we step into the 2020 Head Start program for years 7-10. Any phones brought to school will be collected in form assembly and then stored and returned at the end of the school day. It is preferable that phones do not come to school unless required for Diabetes management!

Why has this mobile phone ban been introduced across the state?

- Core symptoms of smartphone overuse are akin to substance addiction (Csibi et al 2019)
- Mobile phone use while learning new material reduces comprehension and impairs academic performance (Froese et al. 2012)
- Mobile phone use while executing another task decreases learning and task completion (Ophir et al. 2009; Smith et al. 2011; Levine et al. 2013; and Lee et al. 2014)
- There was an improvement in student performance...in schools that had introduced a mobile phone ban (Beland and Murphy 2016)
- Research has found having a mobile phone in school was associated with being involved with both bullying and cyber-bullying, both as a bully and as a bully/victim. (Englander 2018)
- Mobile phones can be addictive
- 50% of teens feel "addicted" to their mobile devices;
- 72% of teens feel the need to immediately respond to texts, social networking messages and other notifications; and
- 78% of teens check their devices hourly (Source: Common Sense Media Survey 2016)

Cambodian Alternative Schoolies

What an 'eye opening' experience Cambodia has been thus far for our students. They are having an absolutely wonderful time and their experiences are truly remarkable. How lucky are we in Australia that many of us have ready access to running water, housing, plentiful food, well developed infrastructure and support services for a variety of issues that we encounter along our journey.

You can follow the Cambodia Alternative Schoolies journey on their blog which is:

https://saltrotaryntsde.blogspot.com/2019/11/

Cohuna Secondary College Expo

I'd like to congratulate Chris Hill for organising the Cohuna Secondary College Expo and all staff who contributed to putting together student work for display at the Art Gallery this week. We are very proud of the work our young people do and this was an absolutely wonderful way to showcase their work to our community. Our college musicians entertained us throughout the evening and we were absolutely enthralled by their performances and their talent. Specifically, I'd like to thank Claudia McFarlane who was accompanied by Terry Carter, Charlee Sherlock, Mia Geurts and Alicia McFarlane for their musical performances.

Future Leaders celebration of a year of success

Our Future Leaders finished their year with a celebration of their achievements, sharing a meal with parents and staff this week. The year has been one of personal challenge, reflection and learning for our Future Leaders. Students received certificates of Participation, Distinction and High Distinction. Jemma Baxter was voted by her peers as the Future Leader of the Year. Congratulations to all the participants of this wonderful program. We look forward to watching your leadership develop further over the coming years.

Together as partners, we can excel! Mrs. Fiona Miller - Principal

GREAT OPPORTUNITY FOR 2020 WORK EXPERIENCE STUDENTS

Walter and Eliza Hall Institute of Medical Research will launch its new Secondary School Work Experience Program in 2020.

The five-day program at the Institute's Parkville campus will give year 10 students the opportunity to learn about careers in medical research through placements with our leading scientific teams, as well as through group workshops devoted to laboratory safety and skills, research ethics and science communication.

The program will have two intakes in 2020, each hosting up to 24 students: 22-26 June and 14-18 September. Participants are expected to attend the full week, approximately 9-4pm each day, and will be paid \$10/day.

The Walter and Eliza Hall Institute aims to provide educational opportunities to a wide range of students. We welcome applications for our Secondary School Work Experience Program from students with diverse life experiences. Please note that work experience students must be aged 15 years or over by the first day of the program.

Applications for the program are now open and will close on 17 February 2020.

Please visit wehi.edu.au/workexperience for more detailed program information and how to ap-

ply.



Finance Assistant (Trainee) 18 months full time

- · Start your career in finance/accounts/administration
- . Enthusiasm, attention to detail and the ability to learn new concepts a must!
- Minimum of Year 11 and/or demonstrated aptitude for working with numbers
- Commitment and ability to study to complete a Certificate III level qualification essential

Based in Kerang, this position forms part of a small finance team dedicated to providing great customer service.

For further information go to Council's website at www.gannawarra.vic.gov.au.

Applications close at 5pm on Wednesday 4 December 2019.

Upcoming events



MONDAY 25th NOVEMBER to FRIDAY 6th DECEMBER 2020 UNIT 1 HEAD START CLASSES

MONDAY	2nd	DECEMBER	YEARS 7 - 9 COMMENCE HEAD START CLASSES
SATURDAY	7th	DECEMBER	CAMBODIA ALTERNATIVES RETURN
TUESDAY	10th	DECEMBER	ORIENTATION DAY - INCOMING 2020 GRADE 6'S
THURSDAY	12th	DECEMBER	ATAR RESULTS RELEASED
TUESDAY	17th	DECEMBER	CSC PRESENTATION NIGHT @ MEMORIAL HALL
WEDNESDAY	′ 18th	DECEMBER	EOY BENDIGO EXCURSION
THURSDAY	19th	DECEMBER	STAFF FIRST AID TRAINING DAY



We at Cohuna Secondary College wish
to showcase the amazing work and
achievements of our current students.
The expo will be held at The Cohuna Art Gallery.
There will be displays from all learning
areas from each level.
Come along bring your friends and
famillies and see how busy everyone had been
at Cohuna Secondary College.

The EXPO will be held at the
Cohuna Art Gallery (King Edward st)
Friday 29th 10am-12pm & 1:30-3:30pm
Saturday 30th 10am-12pm
November

CANTEEN ROSTER				
DECEMBE	₹	10.30AM TO 1.30PM		
MONDAY	2	Melanie Crichton		
TUESDAY	3	Tanya Evans		
WEDNESDAY	4	Amanda Buckley		
THURSDAY	5	Stacey Patterson		
FRIDAY 6		Tanya Black		

The CSC Future Leader group would like to thank the community for the donations and ticket purchases for the Christmas Hamper.



Congratulations to GAB FITZPATRCIK for winning the first prize gigantic hamper and to ALISTER FRANKLIN who won the second prize hamper.



cohuna.sc@edumail.vic.gov.au

a 03 5456 2555 Fax 03 5456 3298

6415 Murray Valley Highway, PO Box 273 COHUNA 3568