



Cohuna Secondary College Child Safe contact is the Principal **If you believe a child is at immediate risk of abuse phone 000.**



Amazing

A massive shout out to our amazing Lyndsey! Lyndsey graduated from college yesterday with a very impressive Grade Point Average (GPA) which put her in the top five students in Australia! The college that Lyndsey attended has campuses in Melbourne, Sydney, Brisbane, Adelaide and Perth. What a superstar!

Lyndsey managed to do this while working, looking after a family and her other business. She is a great example to us all, that we can achieve anything if we put our mind to it. Lyndsey, we are so proud of your achievements and so very grateful that you have chosen to work with us.



Congratulations

A super big congratulations to our students who competed at the Interschool Swimming Carnival held yesterday. Our students did themselves, the college and their families proud. We had some amazing results. We had five students who achieved a placing. This is awesome considering that the competition was across the whole Loddon Mallee region, from Mildura at the top of the state to Bendigo and the big arc all around. Cooper-3rd in Breaststroke and Butterfly, Paige-3rd in Butterfly and Backstroke, 17 Years Girls relay team (Lilly, Tayla, Paige and Edie**) -2nd



**A special mention must go to Edie who stepped up a couple of age levels to join the 17 years girls relay team. What an impressive effort by our young people.

NAPLAN

A huge shout out to our Year 7 & 9 students who completed their NAPLAN testing this week. I have to say that our young people continue to impress! They were patient, respectful and understanding as we followed the mandated process. I'd also like to acknowledge our Tech Support for the NAPLAN, Shane and Anthony, who often go above and beyond with little recognition for the work they do.



Excellamus - Let Us Excel!

Mrs. Fiona Miller - Principal

"I would like to acknowledge the traditional custodians of the land on which we live and our school is built, the Barapa Barapa people. We pay our respects to elders past, present and emerging, for they hold the memories, traditions and the culture of the Aboriginal and Torres Strait Islander peoples of Australia. Cohuna Secondary College is committed to acknowledging, building and sustaining respect and understanding between Indigenous and non-Indigenous Australians."

Senior School Update

Tip of the Week – 8 hours sleep

The end of term is a busy time. It is stressful enough, without adding sleep deprivation to the mix. **Prioritise a good 8 hours sleep each night.** Your brain needs that time to clear waste, and to consolidate learning and memory.

VCE Continuous Reporting

A reminder to check XUNO for reports after each SAC completion. Check last week's newsletter for instructions on how to access these reports.

Elevate Workshops this week

Our Year 10 and 11 students participated in Elevate Workshops this week.

Nelson introduced the Year 10 students to some useful tips and strategies to make the very most of their study time. The message was that the **top students make effective use of their study time** – it is not about how much time you study, but what you actually do during that time.

Targeted study, in small chunks, is the most effective way to approach your studies. Set goals and plan your study time.

Year 11 students learnt about the benefits of setting goals, and developing a growth mindset. **In order to improve you need to have belief, and take action.** Break your long/medium term goals down into small steps with a timeline for achievement. The messages were relevant to achieving success not only at school, but outside of school as well.

Student feedback from these workshops was very positive, with 98% of students saying it was time well spent.

As part of our Elevate program, all students and parents are able to take advantage of the multitude of resources available on the Elevate website: <https://au.elevateeducation.com>

Use the password: RONDO

ATAR notes free revision lectures – April 8th to 10th

ATAR notes offer free revision lectures during the term break, in a range of VCE subjects. Register at: <https://atarnotes.com/lectures/vic>

You will have the option to join the live online lecture, or you may choose to watch the lecture at another time. When you register, you will have access to the lecture recordings once they become available. So you have nothing to lose!

Elevate online parent sessions

The next online Elevate session is Wednesday, March 27th

How to Help Improve Your Child's Memory Wednesday 27th March 6:30-7:30pm (AEDT)

[Click here to register for free](#)

Here's what we'll be covering on the night:

- ✓ How memory *actually works* (and how it has nothing to do with brain capacity)
- ✓ The most effective environments to assist in memorisation
- ✓ 3 techniques you can implement overnight to improve revision

2024 Family Financial Contributions

Family Voluntary Financial Contributions (Curriculum) and compulsory extra-curricular items, assist in the development of school programs and maintenance of school buildings and grounds.

Contributions can be made to the school at any time via the XUNO parent portal, XUNO family app or via BPAY/Eftpos.

Family BPAY details are available by contacting the front office.

We would like to thank those families who have already supported the school by contributing to their child's education.



Term 1 Progress Reports

Our Term 1 Progress Reports will be available for all students, 7-12, on Friday, March 22nd (next week). These reports provide a snapshot of how students have progressed during Term 1, and are a good starting point for discussions with teachers at our Parent-Teacher interviews the following week. Students and parents will be able to view this information through their XUNO accounts.

Parents and Students can access these reports by following these steps:

Log in to XUNO (phone, tablet or computer)

On your XUNO dashboard, click on the 'Learning' tab.

Select **Progress Reports** from the menu

Note that Year 10 students that do a VCE subject will have two separate reports.

If you have any questions regarding the feedback from these reports, please attend our Parent-Teacher interviews, or contact the teacher directly.

Parent/Student/Teacher Interviews (7-12) - Wednesday, March 27th

Our Term 1 Parent-Teacher interviews will occur during the last week of Term. **Progress reports will be published on XUNO, on March 22nd.** Parents and students are then encouraged to come in to school on Wednesday, to discuss student progress, and to set goals for Term 2.

Interview times:

11:00am to 2:00pm (no bookings required)

2:30pm to 4:30pm (no bookings required)

5:00pm to 7:00pm (no bookings required)

Note that there are no bookings required for interviews. Parents/carers and students are encouraged to drop in to see their teachers at a time convenient to them on the day.

Classes at school will not run on that day – students are encouraged to attend interviews with their parents.

VET classes (in Echuca) will still run. The VET bus will leave the front of the college at 8:30am as per usual. School buses will still be running.

Please contact us if you have any questions about Parent-Teacher interviews.

IMPORTANT DATES : TERM 1 - 2024

Wednesday	20	March	GTAC (Biology) Excursion
Wednesday	27	March	STUDENT FREE DAY—Parent/Student/Teacher Interviews
Thursday	28	March	End of Term 1 at 2:30pm

Term 1 break -29th March (Good Friday) to 14th April 2024

TERM 2

Monday	15	April	Term 2 commences
Friday	19	April	State Swimming
Tuesday	23	April	VCE Art Excursion (Bendigo)
Tuesday	23	April	ANZAC service at CSC—12:15pm
Thursday	25	April	ANZAC Day holiday



Term 1 Canteen Roster

Friday ~ 10.30am to 1.00pm ~

Friday 22nd March

Family of Oliver & Noah Mathers

REMINDER: Canteen will only serve snacks and drinks on Wednesday this term.

~Community Notices~



CSC NEEDS PARENT HELPERS FOR THE;

WINTER SPORTS CARNIVAL

FOOTBALL AND NETBALL UMPIRES/HELPERS

WED MAY 1ST
9AM - 2PM WED (OR ANYTIME DURING)
PLEASE CALL THE SCHOOL OR EMAIL
BRADLEY.MURRAY@EDUCATION.VIC.GOV.AU IF YOU CAN ASSIST.

ANY HELP IS GREATLY APPRECIATED



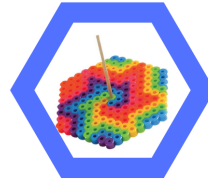
April School Holiday Program

Meet me on April 8. Ask us how....



Bead Art

Kerang - 10.30am Tuesday 9 April
Cohuna - 10.30am Thursday 11 April
School-age children



Plaster Painting

Kerang - 2.30pm Tuesday 2 April
Cohuna - 2.30pm Wednesday 10 April
3+ Years



Story Time

Kerang - 2.30pm Wednesday 3 April
Suitable for preschool children



Adults to accompany children
Phone 5452 1546 to book
No booking required for Story Time



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BEE FOR BIODIVERSITY INCURSION PROGRAM

LEARN ABOUT THE FASCINATING WORLD OF BEES AND THEIR IMPORTANCE TO THE WORLD AROUND US



Minibeasts, Lifecycles, Pollination, Sustainability & Biodiversity



Mon 8
April 2024
2pm

Sir John Gorton Library
Kerang
FREE EVENT
Book online via QR code or
phone 5452 1546.

Book tickets



Bees are so important to our Planet, you see!
www.friendswithhoney.com.au

OOOO



SUPPORTED BY GANNAWARRA SHIRE FLOOD RECOVERY FUNDING THROUGH THE GANNAWARRA COMMUNITY RESILIENCE COMMITTEE



Australian Government